

Special Information Seminar

Health Services for Foreigners in Tsukuba

Date July 18, 2017 ; **Time** 10 a.m. – 12 noon ; **Venue** Building 8A Rm. 108
(Master's Programs in Humanities and Social Sciences A Building)

Organized by *Department of Student Affairs, Division of Student Exchange*
Hosted by *Global Commons and Cecilia's Friends**

In cooperation with *University Health Center*

Language English

Program

10:00 – 10:05 Opening remarks: Nathan Gilbert Quimpo, Associate Professor, Faculty of Humanities and Social Sciences, University of Tsukuba

10:05 - 11:00 Part 1: Representatives from Tsukuba City Hall

(1) “The Practical Way for Visiting Doctors, Health Check-ups for Young People”

Ms. Junko Onomura, Ms. Risa Edo, Health Promotion Division

(2) “How National Health Insurance (NHI) works, and Health Check-ups”

Mr. Takashi Hisaaki, Ms. Shigemi Ikehata, National Health Insurance Division

(3) “Medical Welfare System (Marufuku)”

Mr. Hiroshi Hikino, Medical Welfare and Pension Division

11:00 - 11:20 Part 2: “Supporting your health”

Tohru Sakamoto MD, PhD., Faculty of Medicine/University Health Center

11:20 - 11:55 Q&A

11:55 – 12:00 noon Closing remarks: Makoto Kawase, Director of International Relations Division, Global Commons, University of Tsukuba

(Moderator: Tadashi Takemori, Professor, Global Commons)

International students in Tsukuba often do not pay much attention to health or medical problems. But if they (or a family member) happen to fall ill or get injured in an accident, they find themselves having to navigate an unfamiliar health system from scratch in order to seek medical assistance. The University of Tsukuba Health Center provides some basic health services, emergency first aid and various health consultations for students. However, there have been cases among our students who were not aware of their illness and fell into a critical condition from a lack of understanding of these support systems. Through this special seminar for international students and their families, representatives from health-related offices of Tsukuba City Hall and from the University Health Center will explain what health and medical services Tsukuba City provides to its residents and how foreigners can avail of them.

Contact: Associate Professor Nathan Gilbert Quimpo (quimpo.nathan.fn@u.tsukuba.ac.jp)

* *Cecilia's Friends* is an international group of former schoolmates and friends of Cecilia Manoliu, a University of Tsukuba alumna who passed away last May 6.