

体育専門学群 <学士(体育学)> コンピテンス一覧
School of Physical Education, Health and Sport Sciences Competence List
<Bachelor of Health and Physical Education>

■汎用コンピテンス(学士課程) Generic Competences(Bachelor Program)

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|---|---|---|
| 1 | コミュニケーション能力 Communication ability | 母語や外国語を適切に用いるとともに、各種メディアを利用したプレゼンテーション等を行うコミュニケーション能力 Communication ability to use the mother tongue and foreign languages properly and make presentations, etc. using various media |
| 2 | 批判的・創造的思考力 Ability for critical and creative thinking | 一般的・専門的知識の体系的理解をベースに批判的・創造的に思考する能力 Ability to think critically and creatively based on systematic understanding of general and specialized knowledge |
| 3 | データ・情報リテラシー Data and information literacy | 様々な事象や情報を数量的手法やコンピュータ等を用いて適切に解析・処理する能力 Ability to properly analyze and process various events and information using quantitative methods, computers, etc. |
| 4 | 広い視野と国際性 Broad perspective and international character | 自身の専門に留まらず文化・社会と自然・物質に関して幅広く理解し、異文化を理解・尊重する能力 Ability to broadly understand culture, society, nature, and materials and understand and respect different cultures and be not only involved in one's own expertise |
| 5 | 心身の健康と人間性・倫理性 Mental and physical health, humanity, and ethics | 芸術やスポーツへの理解と実践等を通して心と身体の健康を保ち、人間性と倫理性を有する市民としての責任を自覚して実践する能力 Ability to maintain mental and physical health through the understanding, practice, etc. of arts and sports and be conscious of one's responsibility and put it into practice as a citizen with humanity and ethics |
| 6 | 協働性・主体性・自律性 Cooperative, independent, and autonomous attitudes | チームワークやリーダーシップを通して様々な物事に対処し自己を管理しながら自律的に学び続け行動する能力 Ability to keep learning and act autonomously while dealing with a situation through team work and leadership and practicing self-management |

■専門コンピテンス Specific Competences

| | | |
|---|---|--|
| 1 | 体育・スポーツ学の理解 Understanding of physical education and sports science | 体育・スポーツ事象に関する人文科学、社会科学的な視点での理解力 Ability to understand the humanities and social science perspectives on physical education and sports events |
| 2 | 体育・スポーツ学の分析能力 Analytical skills in physical education and sports studies | 体育・スポーツ学事象に関する人文科学、社会科学的な視点での分的的能力 Interdisciplinary competence in the humanities and social sciences related to physical education and sports science events |
| 3 | 健康体力学の理解 Understanding of health and fitness | 人の健康や体力事象に関する健康科学的な視点での理解力 Ability to understand the health science perspective on human health and physical fitness events |
| 4 | 健康体力学の分析能力 Ability to analyze health and fitness studies | 人の健康や体力、地域社会の健康に関する健康科学的な視点での分析的能力 Analytical skills in health science perspectives on human health and fitness and community health |
| 5 | コーチング学の理解 Understanding of coaching science | さまざまなスポーツに関するコーチング学的視点での理解力 Ability to understand a variety of sports from a coaching science perspective |
| 6 | コーチング学の応用展開力 Ability to apply and develop coaching science | さまざまなスポーツに関するコーチング学的視点での応用展開力 Ability to apply and develop a coaching science perspective on a variety of sports |
| 7 | キャリア形成能力 Career development skills | 自身に適したキャリアを選択し形成していく能力 Ability to choose and shape a career that is right for you |

体育専門学群 <学士(体育学)> カリキュラム・マップ
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| 科目区分 Course Category | 科目番号 Course Number | 授業科目の名称 Course Name | 単位数 Credits | 標準履修年次 Standard registration year | 汎用コンピテンス Generic Competences | | | | | | 専門コンピテンス Specific Competences | | | | | | | 必修/選択 /自由の別 Required, Required, Elective, or Free | | |
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| 基礎科目 General Foundation Subjects | 共通科目 Common Foundation Subjects | 11***** | 総合科目（ファースタイーセミナー） Multidisciplinary Subjects(First Year Seminar) | 共通科目のカリキュラム・マップを参照 Refer to the Curriculum Map of Common Foundation Subjects | | | | | | | | | | | | | ○ | | | |
| | | 12***** | 総合科目（学問への誘い） Multidisciplinary Subjects(Invitation to Arts and Sciences) | | | | | | | | | | | | | | ○ | | | |
| | | 12***** | 総合科目（学士基盤科目） Multidisciplinary Subjects(exc. First Year Seminar and Invitation to Arts and Sciences) | | | | | | | | | | | | | | | ○ | | |
| | | 3***** | 第1外国語（英語） 1st Foreign Language(English) | | | | | | | | | | | | | | ○ | | | |
| | | 3***** | 第2外国語（初修外国語） 2nd Foreign Language (Elementary Foreign Language) | | | | | | | | | | | | | | | ○ | | |
| | | 6***** | 情報リテラシー（講義） Information Literacy(Lectures) | | | | | | | | | | | | | | ○ | | | |
| | | 6***** | 情報リテラシー（演習） Information Literacy (Exercises) | | | | | | | | | | | | | | ○ | | | |
| | | 6***** | データサイエンス Data Science | | | | | | | | | | | | | | ○ | | | |
| | | 5***** | 国語 Japanese Language | | | | | | | | | | | | | | ○ | | | |
| | | 4***** | 芸術 Art | | | | | | | | | | | | | | ○ | | | |
| 関連科目 Specific Foundation Subjects | | | 教職に関する科目、博物館に関する科目及び自由科目（特設） Subjects related to the Teaching Profession, the Museum, and Free Electives (Purpose-Built Subjects) | * | * | * | * | * | * | * | * | * | * | * | * | * | * | * | ○ | |
| | | | 他学群または他学類の開設科目 Subjects offered by other Schools and Colleges | * | * | * | * | * | * | * | * | * | * | * | * | * | * | * | ○ | |
| 専門基礎科目 Foundation Subjects for Major | 体育・スポーツ学領域 Sports and Physical Education | W815011 | 体育科学シンポジウム Symposium on Physical Education, Health and Sport Sciences | 1.0 | 1 | | ○ | | ○ | | | | | | | | | ○ | ○ | |
| | | W810*** | 専門語学A English for Specialized Subjects A | 1.0 | 2 | | | | ○ | | | ○ | | ○ | | ○ | | ○ | | ○ |
| | | W86*** | 体育・スポーツ専門英語基礎演習 Practical English for Physical Education and Sport | 1.0 | 2 | | | | ○ | | | ○ | | ○ | | ○ | | ○ | | ○ |
| | | W981915 | 臨海実習 Intensive Practice at Seaside | 1.0 | 2 | ○ | | | | ○ | ○ | | | | | | | ○ | ○ | |
| | | W992215 | テーピング・マッサージ Taping and Sports Massage | 1.0 | 1 | | | | ○ | | | | | | ○ | | | | ○ | |
| | 専門基礎科目 Foundation Subjects for Major | W870011 | 体育哲学 Philosophy of Physical Education | 1.0 | 2 | ○ | ○ | | | ○ | | ○ | | | | | | | ○ | |
| | | W870021 | 体育・スポーツ史 History of Sport and Physical Education | 2.0 | 2 | ○ | ○ | | | ○ | | ○ | | ○ | | ○ | | | ○ | |
| | | W870031 | 武道学I Theory of Budo I | 1.0 | 2 | ○ | ○ | | | ○ | | ○ | | ○ | | | | | ○ | |
| | | W870041 | スポーツ社会学 Sociology of Sport | 2.0 | 1 | ○ | ○ | | | ○ | | ○ | | ○ | | | | | ○ | |
| | | W870051 | 体育・スポーツ経営学 Management of Sport and Physical Education | 2.0 | 2 | ○ | ○ | | | ○ | | ○ | | ○ | | | | | ○ | |
| | | W870061 | 体育・スポーツ心理学 Psychology of Physical Education and Sport | 2.0 | 1 | ○ | ○ | | | ○ | | ○ | | ○ | | | | | ○ | |
| | コーチング学領域 Coaching Studies | W870071 | スポーツ産業学 Sport Industry | 1.0 | 2 | ○ | ○ | | | ○ | | ○ | | | | | | | ○ | |
| | | W870081 | スポーツ政策学I Sport Policy I | 1.0 | 2 | ○ | ○ | | | ○ | | ○ | | | | | | | ○ | |
| | | W880011 | 運動学I Movement Theory of Sport I | 1.0 | 2 | ○ | | | | ○ | | | | | | | ○ | | ○ | |
| | | W880021 | 運動学II Movement Theory of Sport II | 1.0 | 2 | ○ | | | | ○ | | | | | | ○ | | | ○ | |
| | | W880031 | 一般コーチング学 General Coaching Studies | 1.0 | 2 | ○ | | | | ○ | | | | | ○ | | | | ○ | |
| | | W880041 | 一般トレーニング学 General Theory of Training for Sporting Excellence | 1.0 | 2 | ○ | | | | ○ | | | | | ○ | | | | ○ | |
| | 健康体力学領域 Health and Physical Education | W880051 | 個別コーチング学 Coaching Studies by Categories of Sports | 1.0 | 1 | ○ | | | | ○ | | | | | ○ | | | | ○ | |
| | | W880061 | 個別トレーニング学 Theory of Training by Categories of Sports | 1.0 | 1 | ○ | | | | ○ | | | | | ○ | | | | ○ | |
| | | W890011 | 解剖学 Anatomy | 1.0 | 1 | | ○ | | | ○ | | | | | ○ | | | | ○ | |
| | | W890021 | 生理学 Physiology | 1.0 | 1 | | ○ | | | ○ | | | | | ○ | | | | ○ | |
| | | W890031 | 運動生理学 Exercise Physiology | 1.0 | 1 | | ○ | | | ○ | | | | | ○ | | | | ○ | |
| | 健康生化学 Biochemistry | W890041 | 運動生化学 Biochemistry | 1.0 | 1 | | ○ | | | ○ | | | | | ○ | | | | ○ | |
| | | W890051 | 運動栄養学 Exercise Nutrition | 1.0 | 1 | | ○ | | | ○ | | | | | ○ | | | | ○ | |

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| | | | | | 1 Communication ability | 2 Ability for critical and creative thinking | 3 Data and information literacy | 4 Broad perspective and international character | 5 Mental and physical health, humanity, and ethics | 6 Cooperative, independent, and autonomous attitudes | 1 Understanding of physical education and sports science | 2 Analytical skills in physical education and sports studies | 3 Ability to analyze health and fitness | 4 Ability to apply and develop coaching science | 5 Understanding of coaching science | 6 Ability to apply and develop coaching science | 7 Career development skills | 必修 Required | 選択 Core Electives | 自由 Electives |
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| | | W890061 | スポーツバイオメカニクスI Sport Biomechanics I | 1.0 | 1 | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | | W890071 | 体力学 Physical fitness and Human Performance | 1.0 | 2 | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | | W890081 | 健康増進学 Health and Fitness for Active Living | 1.0 | 2 | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | | W890091 | 体育測定評価学(統計学を含む) Measurement and Evaluation for Physical Education (including Statistics) | 1.0 | 2 | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | | W890101 | スポーツ医学I(救急処置を含む) Sports Medicine I (including Emergency First Aid) | 1.0 | 2 | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | | W890111 | 衛生・公衆衛生学 Personal and Public Health | 1.0 | 2 | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | | W890121 | 健康教育学(精神保健を含む) Health Education (including Mental Health) | 1.0 | 2 | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | | W890131 | 学校保健学I(小児保健及び学校安全を含む) School Health I (including Child Health and Safety in School) | 1.0 | 2 | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | 学校体育実技 | W900005 | 学校体育実技 Practice of School Physical Education | 1.0 | 2 | ○ | | | | | ○ | | | | | | ○ | | | ○ |
| 実技理論・実習(A群) | W910115 | 体操 Gymnastics for All | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W910125 | 体操 Gymnastics for All | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W910215 | ダンス Dance | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W910225 | ダンス Dance | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| 実技理論・実習(B群) | W920315 | 陸上競技 Track and Field | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W920325 | 陸上競技 Track and Field | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W920335 | 陸上競技 Track and Field | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W920415 | 器械運動 Gymnastic Exercise | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W920425 | 器械運動 Gymnastic Exercise | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W920435 | 器械運動 Gymnastic Exercise | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| 専門基礎科目 Foundation Subjects for Major | 実技理論・実習(C群) | W930515 | 水泳競技 Swimming | 1.0 | 1 | ○ | | | | | ○ | | | | | | ○ | | | ○ |
| | W930525 | 水泳競技 Swimming | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W930535 | 水泳競技 Swimming | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W930615 | 野外運動 Outing Sports | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W930625 | 野外運動 Outing Sports | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W930635 | 野外運動 Outing Sports | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| 実技理論・実習(D群) | W940715 | バレーボール Volleyball | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940725 | バレーボール Volleyball | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940735 | バレーボール Volleyball | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940745 | バレーボール Volleyball | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940815 | バスケットボール Basketball | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940825 | バスケットボール Basketball | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940835 | バスケットボール Basketball | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940845 | バスケットボール Basketball | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940915 | ハンドボール Handball | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940925 | ハンドボール Handball | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| 実技理論・実習(E群) | W940935 | ハンドボール Handball | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W940945 | ハンドボール Handball | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W951015 | サッカー Soccer | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W951025 | サッカー Soccer | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W951035 | サッカー Soccer | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W951045 | サッカー Soccer | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| 実技理論・実習(F群) | W951115 | ラグビー Rugby Football | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W951125 | ラグビー Rugby Football | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W951135 | ラグビー Rugby Football | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W951145 | ラグビー Rugby Football | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W961215 | テニス Lawn Tennis | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W961225 | テニス Lawn Tennis | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | | ○ |
| | W961235 | テニス Lawn Tennis | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○</td | | | |

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| | | | | | | | | | | | | | | | | | | | | |
| 専門基礎 科目 Foundation Subjects for Major | 実技理論・実習(G群) | W961335 バドミントン Badminton | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W961415 卓球 Table Tennis | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W961425 卓球 Table Tennis | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W961435 卓球 Table Tennis | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W961515 ソフトボール Softball | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W961525 ソフトボール Softball | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W961535 ソフトボール Softball | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W971615 柔道 Judo | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W971625 柔道 Judo | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W971635 柔道 Judo | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| 専門基礎共通演習 | | W971715 剣道 Kendo | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W971725 剣道 Kendo | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W971735 剣道 Kendo | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W971815 弓道 Kyudo | 1.0 | 2 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W971825 弓道 Kyudo | 1.0 | 1 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W971835 弓道 Kyudo | 1.0 | 3 | ○ | | | | | | ○ | | | | | | ○ | | ○ | |
| | | W816011 専門基礎共通演習 Seminar on Basic Studies for Specialty A | 1.0 | 2 | | ○ | | | | | | | | | | ○ | | ○ | ○ | |
| | | W982005 野外運動(雪上) Field Work of Outing Sports (Snow Sports) | 2.0 | 1 - 3 | ○ | | | | | | ○ | ○ | | | | | | ○ | ○ | |
| 専門科目 Major Subjects | キャリア支援 | W1401** 専門語学B(英語) English for Specialized Subjects B | 2.0 | 3 | | ○ | ○ | | | | | ○ | | | | | ○ | | ○ | |
| | | W1402** 専門語学B(英語) English for Specialized Subjects B | 2.0 | 3 | | ○ | ○ | | | | ○ | | | | | ○ | | ○ | | |
| | | W140008 卒業研究 Bachelor Thesis | 6.0 | 4 | | ○ | ○ | | | | | | | | | ○ | | ○ | ○ | |
| | | W170011 保健体育科(体力づくり運動)指導法 Method of Teaching Health and Physical Education(Fitness Exercise) | 1.0 | 1 | | ○ | ○ | | | | | | | | | ○ | | ○ | ○ | |
| | | W171012 種目別コーチング演習I Seminar of Coaching by Categories of Sport I | 1.0 | 1 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | | W171022 種目別コーチング演習II Seminar of Coaching by Categories of Sport II | 2.0 | 2 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | | W160361 スポーツキャリア形成I Career Development with Sport I | 1.0 | 1 | | ○ | ○ | | | | | | | | | | | ○ | ○ | |
| | | W160371 スポーツキャリア形成II Career Development with Sport II | 1.0 | 1 | | ○ | ○ | | | | | | | | | | | ○ | ○ | |
| | | W160381 スポーツキャリア形成III Career Development with Sport III | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | ○ | |
| | | W160011 スポーツ教育論 Theory of Sport Education | 1.0 | 2 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160021 保健体育教師論 Education of Health and Physical Educator | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160031 体育授業の観察法 Observational method in Physical Education | 1.0 | 2 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160041 体育のカリキュラムマネジメント Curriculum Management in Physical Education | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160051 武道教育論 Budo Education | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160061 学校球技指導論 Teaching of Ball Games in School | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160071 学校武道指導論 Teaching of Budo in School | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160081 指導者のための体力測定法 Measurement of Physical Fitness for Coach | 1.0 | 3 | | ○ | | | | | ○ | | | | | | ○ | | ○ | |
| | | W160091 体育指導のバイオメカニクス Biomechanics for Teaching Physical Education | 1.0 | 3 | | ○ | | | | | ○ | | | | | | | | ○ | |
| | | W160101 からだの成長 Human Growth | 1.0 | 1 | | ○ | | | | | ○ | | | | | | | | ○ | |
| | | W160111 学校保健学II School Health II | 1.0 | 3 | | ○ | | | | | ○ | | | | | | | | ○ | |
| | | W160121 保健科内容論 Teaching Materials in School Health Education | 1.0 | 3 | | ○ | | | | | ○ | | | | | | | | ○ | |
| | | W160131 スポーツ統計学 Statistics for Sport | 1.0 | 3-4 | | ○ | | | | | ○ | | | | | | | | ○ | |
| | | W160141 コミュニティ・スポーツの経営・政策論 Management and Policy for Community Sport | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160151 体育・スポーツ行政学 Administration of Physical Education and sport | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160161 地方自治とスポーツ政策 Local Government and Sport Policy | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160171 スポーツ法学 Sport Law | 1.0 | 3 | | ○ | | | | | ○ | | ○ | | | | | | ○ | |
| | | W160181 健康づくり政策論 Policy for Health Promotion | 1.0 | 2 | | ○ | | | | | ○ | | | | | | | | ○ | |

体育専門学群 <学士(体育学)> カリキュラム・マップ
School of Physical Education, Health and Sport Sciences <Bachelor of Health and Physical Education> Curriculum Map

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| 科目区分 Course Category | 科目番号 Course Number | 授業科目の名称 Course Name | 単位数 Credits | 標準履修年次 Standard registration year | 汎用コンピテンス Generic Competences | | | | | | 専門コンピテンス Specific Competences | | | | | | | 必修/選択 /自由の別 Required, Required, Elective, or Free | | |
|-------------------------------|-----------------------|---|----------------|--------------------------------------|---|---|---|--|--|--|--|--|--|--|---|--|--|--|-------------------------|-------------------------|
| | | | | | 1 コミュニケーション能力 Communication ability | 2 批判的・創造的思考力 Ability for critical and creative thinking | 3 データ・情報リテラシー Data and information literacy | 4 広い視野と国際性 Broad perspective and international character | 5 心身の健康と人間性・倫理性 Mental and physical health, humanity, and ethics | 6 協働性・主体性・自律性 Cooperative, independent, and autonomous attitudes | 1 体育・スポーツ学の理解 Understanding of physical education and sports science | 2 体育・スポーツ学の分析能力 Analytical skills in physical education and sports studies | 3 健康体力学の理解 Understanding of health and fitness | 4 健康体力学の分析能力 Ability to analyze health and fitness studies | 5 コーチング学の理解 Understanding of coaching science | 6 コーチング学の応用展開力 Ability to apply and develop coaching science | 7 キャリア形成能力 Career development skills | 必修 Required | 選択 Core Electives | 自由 Free Electives |
| | | | | | | | | | | | | | | | | | | | | |
| 専門科目 Major Subjects | W160191 | サクセスフルエイジング論 Successful Aging | 1.0 | 2 | | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | W160221 | 運動療法論 Exercise Therapy | 1.0 | 3 | | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | W160231 | スポーツ傷害の予防とリハビリテーション Prevention of Sport-related Injury and Rehabilitation | 1.0 | 3 | | ○ | | | ○ | | | | ○ | | | | | ○ | | |
| | W160241 | スポーツメディア論 Sport Media Studies | 1.0 | 3 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | | |
| | W160251 | スポーツサービス業と経営戦略 Hospitality Industry in Sport and Management Strategy | 1.0 | 3 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | | |
| | W160261 | アダプティド・スポーツ教育 Adapted Sport Education | 1.0 | 3 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | | |
| | W160271 | スポーツ産業とイベント・プロモーション Sports Industry and Promotion of Events | 1.0 | 3 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | | |
| | W160281 | スポーツリスクマネジメント論 Risk Management of Sport | 1.0 | 3 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | | |
| | W160291 | スポーツにおける情報戦略 Information Strategy in Sports | 1.0 | 3 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | | |
| | W160301 | オリンピック教育 Olympic Education | 1.0 | 4 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | | |
| | W160311 | スポーツタレント発掘論 Detection and Development for Sport Talents | 1.0 | 3 | | ○ | | | ○ | | | ○ | | | | | ○ | | | |
| | W160321 | スポーツ選手の栄養管理 Nutritional Conditioning for Athlete | 1.0 | 2-3 | | ○ | | | ○ | | | ○ | | | | | ○ | | | |
| | W160331 | 指導者のためのスポーツ生化学 Sports Biochemistry for Coach | 1.0 | 3 | | ○ | | | ○ | | | ○ | | | | | ○ | | | |
| | W160341 | スポーツを通じた開発 Development through Sport | 1.0 | 2 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | | |
| | W160352 | 体育・スポーツ科学のための英語演習 English Exercises for Physical Education and Sport Sciences | 1.0 | 4 | | ○ | | | ○ | | | ○ | | ○ | ○ | ○ | ○ | ○ | | |
| | W160405 | 介護予防運動の理論と実技 Practice and lecture of physical exercise for nursing care prevention | 1.0 | 3 | | ○ | | | ○ | | | ○ | | | ○ | | | | ○ | |
| | W160412 | 保健体育科教員養成演習 Exercise on health and physical education teacher training | 1.0 | 4 | | ○ | | | ○ | | | ○ | | | | | | ○ | ○ | |
| | W160421 | 運動部活動の指導と経営 Teaching and management in extracurricular sport club activity | 1.0 | 3 | | ○ | | | ○ | | | ○ | ○ | | | | | ○ | ○ | |
| | W160435 | つくばサマーワンデチャート Tsukuba Summer Institute | 1.0 | 2-3 | ○ | | | | ○ | | | | | | | | | ○ | ○ | |
| | W160443 | キャリア形成インターンシップA Internship for Career Development A | 1.5 | 2-4 | ○ | | | | | | | ○ | | | | | | ○ | ○ | |
| | W160453 | キャリア形成インターンシップB Internship for Career Development B | 1.5 | 2-4 | ○ | | | | | | | ○ | | | | | | ○ | ○ | |
| | W160463 | キャリア形成インターンシップC Internship for Career Development C | 1.5 | 2-4 | ○ | | | | | | | ○ | | | | | | ○ | ○ | |
| | W160472 | 体育授業観察・分析法演習 Seminar on Observation and Analysis in Physical Education | 2.0 | 3 | ○ | ○ | ○ | | | | | | | | ○ | | | | ○ | |
| | W160483 | 剣道特別実習 Special Practice of Kendo | 1.5 | 1-4 | | | | | | | | ○ | | | | | | ○ | | |
| | W160511 | スポーツ技術を自然科学から考える Sport Techniques -Natural Scientific Side- | 1.0 | 1 | | ○ | | | ○ | | | ○ | | | | | ○ | | | |
| | W160521 | オリンピック Olympic Studies XIV | 1.0 | 1 | | ○ | | | ○ | | | ○ | ○ | | | | | | ○ | |
| | W160531 | スポーツの技術を人文社会科学から考える Sport Techniques -Side of Humanities- | 1.0 | 1 | | ○ | | | ○ | | | ○ | | | | | ○ | | | |
| 分野別専門 Field Specialization | W150011 | スポーツ哲学 Philosophy of Sport | 1.0 | 1 | | | | ○ | | | ○ | | ○ | | | | | | ○ | |
| | W150021 | スポーツ倫理学 Sport Ethics | 1.0 | 3 | | | | | | | ○ | | ○ | | | | | | ○ | |
| | W150031 | 世界の体育・スポーツ史 History of Physical Education and Sport in World | 1.0 | 3 | | | | | | | ○ | | ○ | | | | | | ○ | |
| | W150041 | 武道学II Theory of Budō II | 1.0 | 3 | | | | | | | ○ | | ○ | | | | | | ○ | |
| | W150051 | 稽古論 Training (Keiko) Theory of Budō | 1.0 | 3 | | | | | | | ○ | | ○ | | | | | | ○ | |
| | W150061 | 現代スポーツ論I(歴史社会学) Contemporary Sport I (Historical Sociology) | 1.0 | 3 | | | | | | | ○ | | ○ | | | | | | ○ | |
| | W150071 | 現代スポーツ論II(産業社会学) Contemporary Sport II (Industrial Sociology) | 1.0 | 3 | | | | | | | ○ | | ○ | | | | | | ○ | |
| | W150091 | メンタルトレーニングの原理と方法 Principle and Methods in Mental Training | 1.0 | 3 | | | | | | | ○ | | ○ | | | | | | ○ | |
| | W150102 | アダプティド・スポーツ科学 Adapted Sport Science | 1.0 | 2 | | | | | | | ○ | | ○ | | | | | | ○ | |
| | W150111 | 運動学習心理学 Perceptual Motor Learning Psychology | 1.0 | 3 | | | | | | | ○ | | ○ | | | | | | ○ | |

体育専門学群 <学士(体育学)> カリキュラム・マップ
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|-------------------------|-----------------------|---|----------------|--------------------------------------|---------------------------------|---|------------------------------------|--|---|---|---|---|--|--|--|--|--------------------------------|--|----------------------|----------------------|--|
| | | | | | 1 Communication ability | 2 Ability for critical and creative thinking | 3 Data and information literacy | 4 Broad perspective and international character | 5 Mental and physical health, humanity, and ethics | 6 Cooperative, independent, and autonomous attitudes | 1 Understanding of physical education and sports science | 2 Analytical skills in physical education and sports studies | 3 Ability to analyze health and fitness | 4 Ability to apply and develop coaching science | 5 Understanding of coaching science | 6 Ability to apply and develop coaching science | 7 Career development skills | 必修 Required | 選択 Core Electives | 自由 Free Electives | |
| | | | | | コミュニケーション能力 | 批判的・創造的思考力 | データ・情報リテラシー | 広い視野と国際性 | 心身の健康と人間性・倫理性 | 協働性・主体性・自律性 | 体育・スポーツ学の理解 | 健康体力学の理解 | 健康体力学の分析能力 | コーチング学の理解 | コーチング学の応用展開力 | キャリア形成能力 | | | | | |
| 専門科目 Major Subjects | W150121 | スポーツ健康心理学 Sport and Health Psychology | 1.0 | 3 | | | | | ○ | | ○ | | | | | | | ○ | | | |
| | W150131 | スポーツと企業 Sports and Corporation | 1.0 | 3 | | | | | ○ | | ○ | | | | | | | ○ | | | |
| | W150141 | レジャー論 Theory of Leisure | 1.0 | 3 | | | | | ○ | | ○ | | | | | | | ○ | | | |
| | W150151 | スポーツ政策学II Sport Policy II | 1.0 | 2 | | | | | ○ | | ○ | | | | | | | ○ | | | |
| | W150161 | 運動観察論 Observation of Human Movements | 1.0 | 3 | | | | | ○ | | | | | | | | | ○ | | | |
| | W150171 | スポーツ技術論 Sport Techniques | 1.0 | 3 | | | | | ○ | | | | | | | | | ○ | | | |
| | W150181 | スポーツ戦術論 Sport Tactics | 1.0 | 2 | | | | | ○ | | | | | | | | | ○ | | | |
| | W150191 | 身体表現論 Theory of Artistic Expression | 1.0 | 3 | | ○ | ○ | | ○ | | | | | | | | | ○ | | | |
| | W150211 | 動きの解剖学 Anatomy for Kinesiology | 1.0 | 3 | | ○ | ○ | | ○ | | | | | | | | | ○ | | | |
| | W150221 | 運動適応生理学 Physiology of Adaptation to Exercise | 1.0 | 3 | | ○ | ○ | | ○ | | | | | | | | | ○ | | | |
| | W150231 | コンディショニングのスポーツ生化学 Sport Biochemistry for Conditioning | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150241 | 健康体力マネジメント Management of Health and Fitness | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150251 | 発育発達学 Auxology | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150261 | パフォーマンスと体力 Human Performance and Physical Strength | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150271 | 運動栄養学II Exercise Nutrition II | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150291 | アンチ・ドーピング Anti-Doping | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150301 | スポーツ医学II(内科系) Sports Medicine II (Internal Medicine) | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150311 | スポーツ医学III(外科系) Sports Medicine III (Locomotive System) | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150321 | スポーツバイオメカニクスII Sport Biomechanics II | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150331 | スポーツ用具の力学とバイオメカニクス Mechanics of Sports Equipment and Biomechanics | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150351 | 精神保健学 Mental Health | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| | W150361 | 健康社会学 Health Sociology | 1.0 | 3 | | ○ | ○ | | | | | | | | | | | ○ | | | |
| 卒業研究領域【体育・スポーツ学分野】 | W180012 | 体育・スポーツ学共通演習A Seminar in Physical Education and Sport Studies A | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180022 | 体育・スポーツ学共通演習B Seminar in Physical Education and Sport Studies B | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180032 | 体育・スポーツ学共通演習C Seminar in Physical Education and Sport Studies C | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180042 | 体育哲学演習I Seminar on Philosophy of Physical Education I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180052 | 体育哲学演習II Seminar on Philosophy of Physical Education II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180062 | 体育哲学演習III Seminar on Philosophy of Physical Education III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180072 | 体育史・スポーツ人類学演習I Seminar of History and Anthropology of Physical Education and Sport I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180082 | 体育史・スポーツ人類学演習II Seminar of History and Anthropology of PE and Sport II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180092 | 体育史・スポーツ人類学演習III Seminar of History and Anthropology of PE and Sport III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180102 | 武道学演習I Seminar of Budo I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180112 | 武道学演習II Seminar of Budo II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180122 | 武道学演習III Seminar of Budo III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180132 | スポーツ社会学演習I Seminar for Sociology of Sport I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180142 | スポーツ社会学演習II Seminar for Sociology of Sport II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180152 | スポーツ社会学演習III Seminar for Sociology of Sport III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180162 | 体育・スポーツ経営学演習I Seminar on Management of Physical Education and Sport I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180172 | 体育・スポーツ経営学演習II Seminar on Management of Physical Education and Sport II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |

体育専門学群 <学士(体育学)> カリキュラム・マップ
School of Physical Education, Health and Sport Sciences <Bachelor of Health and Physical Education> Curriculum Map

*科目により異なります *Varies by subject.

| 科目区分 Course Category | 科目番号 Course Number | 授業科目の名称 Course Name | 単位数 Credits | 標準履修年次 Standard registration year | 汎用コンピテンス Generic Competences | | | | | | 専門コンピテンス Specific Competences | | | | | | | 必修/選択 /自由の別 Required, Required, Elective, or Free | | | |
|-------------------------|-----------------------|---|----------------|--------------------------------------|---|---|--|--|--|--|--|--|--|--|---|--|--|--|-------------------------|-----------------|---|
| | | | | | 1 コミュニケーション能力 Communication ability | 2 批判的・創造的思考力 Ability for critical and creative thinking | 3 データ・情報リテラシー Data and information literacy | 4 広い視野と国際性 Broad perspective and international character | 5 心身の健康と人間性・倫理性 Mental and physical health, humanity, and ethics | 6 協働性・主体性・自律性 Cooperative, independent, and autonomous attitudes | 1 体育・スポーツ学の理解 Understanding of physical education and sports science | 2 体育・スポーツ学の分析能力 Analytical skills in physical education and sports studies | 3 健康体力学の理解 Understanding of health and fitness | 4 健康体力学の分析能力 Ability to analyze health and fitness studies | 5 コーチング学の理解 Understanding of coaching science | 6 コーチング学の応用展開力 Ability to apply and develop coaching science | 7 キャリア形成能力 Career development skills | 必修 Required | 選択 Core Electives | 自由 Electives | |
| | | | | | | | | | | | | | | | | | | | | | |
| 専門科目 Major Subjects | W180182 | 体育・スポーツ経営学演習Ⅰ Seminar on Management of Physical Education and Sport I | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180192 | スポーツ政策学演習Ⅰ Seminar of Sport Policy I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180202 | スポーツ政策学演習Ⅱ Seminar of Sport Policy II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180212 | スポーツ政策学演習Ⅲ Seminar of Sport Policy III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180222 | スポーツ産業学演習Ⅰ Seminar of sports industry I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180232 | スポーツ産業学演習Ⅱ Seminar of sports industry II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180242 | スポーツ産業学演習Ⅲ Seminar of sports industry III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180252 | 体育科教育学演習Ⅰ Seminar on Pedagogy for Physical Education I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180262 | 体育科教育学演習Ⅱ Seminar on Pedagogy for Physical Education II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180272 | 体育科教育学演習Ⅲ Seminar on Pedagogy for Physical Education III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180282 | 体育心理学演習Ⅰ Seminar in Psychology for Sport and Physical Education I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180292 | 体育心理学演習Ⅱ Seminar in Psychology for Sport and Physical Education II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180302 | 体育心理学演習Ⅲ Seminar in Psychology for Sport and Physical Education III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180312 | アダプティッド体育・スポーツ学演習Ⅰ Seminar in Adapted Physical Education and Adapted Sport I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180322 | アダプティッド体育・スポーツ学演習Ⅱ Seminar in Adapted Physical Education and Adapted Sport II | 1.0 | 3 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | W180332 | アダプティッド体育・スポーツ学演習Ⅲ Seminar in Adapted Physical Education and Adapted Sport III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | | | | | ○ | | |
| | 卒業研究領域【コーチング学分野】 | | | | | W181012 | スポーツ運動学演習Ⅰ Seminar in Movement Theory of Sport I | 2.0 | 3 | | ○ | ○ | | | | | | | ○ | | ○ |
| | | | | | | W181022 | スポーツ運動学演習Ⅱ Seminar in Movement Theory of Sport II | 2.0 | 3 | | ○ | ○ | | | | | | | ○ | | ○ |
| | | | | | | W181032 | スポーツ運動学演習Ⅲ Seminar in Movement Theory of Sport III | 2.0 | 4 | | ○ | ○ | | | | | | | ○ | | ○ |
| | | | | | | W181042 | コーチング論・トレーニング学演習Ⅰ Practical Studies for Coaching and Training I | 2.0 | 3 | | ○ | ○ | | | | | | | ○ | | ○ |
| | | | | | | W181052 | コーチング論・トレーニング学演習Ⅱ Practical Studies for Coaching and Training II | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181062 | コーチング論・トレーニング学演習Ⅲ Practical Studies for Coaching and Training III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181072 | 体操コーチング論演習Ⅰ Seminar in Coaching of Gymnastics for All I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181082 | 体操コーチング論演習Ⅱ Seminar in Coaching of Gymnastics for All II | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181092 | 体操コーチング論演習Ⅲ Seminar in Coaching of Gymnastics for All III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181102 | 体操競技コーチング論演習Ⅰ Seminar in Theory of Artistic Gymnastics I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181112 | 体操競技コーチング論演習Ⅱ Seminar in Theory of Artistic Gymnastics II | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181122 | 体操競技コーチング論演習Ⅲ Seminar in Theory of Artistic Gymnastics III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181132 | 陸上競技コーチング論演習Ⅰ Seminar in Track and Field Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181142 | 陸上競技コーチング論演習Ⅱ Seminar in Track and Field Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181152 | 陸上競技コーチング論演習Ⅲ Seminar in Track and Field Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181162 | 水泳競技コーチング論演習Ⅰ Seminar in Swimming Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181172 | 水泳競技コーチング論演習Ⅱ Seminar in Swimming Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181182 | 水泳競技コーチング論演習Ⅲ Seminar in Swimming Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181192 | 舞踊論演習Ⅰ Seminar in Dance education I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181202 | 舞踊論演習Ⅱ Seminar in Dance education II | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181212 | 舞踊論演習Ⅲ Seminar in Dance education III | 2.0 | 4 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181222 | 野外運動論演習Ⅰ Seminar on Outdoor Pursuits and Education I | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |
| | | | | | | W181232 | 野外運動論演習Ⅱ Seminar on Outdoor Pursuits and Education II | 2.0 | 3 | | ○ | ○ | | | | | | ○ | | ○ | |

体育専門学群 <学士(体育学)> カリキュラム・マップ
School of Physical Education, Health and Sport Sciences <Bachelor of Health and Physical Education> Curriculum Map

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|-------------------------|-----------------------|---|----------------|--------------------------------------|---|---|---|--|--|--|--|--|--|---|--|--|----------------|--|-------------------------|--|
| | | | | | 1 コミュニケーション能力 Communication ability | 2 批判的・創造的思考力 Ability for critical and creative thinking | 3 データ・情報リテラシー Data and information literacy | 4 広い視野と国際性 Broad perspective and international character | 5 心身の健康と人間性・倫理性 Mental and physical health, humanity, and ethics | 6 協働性・主体性・自律性 Cooperative, independent, and autonomous attitudes | 1 体育・スポーツ学の理解 Understanding of physical education and sports science | 2 健康体力学の理解 Understanding of health and fitness | 3 健康体力学の分析能力 Ability to analyze health and fitness studies | 4 コーチング学の理解 Understanding of coaching science | 5 コーチング学の応用展開力 Ability to apply and develop coaching science | 6 キャリア形成能力 Career development skills | 必修 Required | 選択 Core Electives | 自由 Free Electives | |
| | | | | | | | | | | | | | | | | | | | | |
| 専門科目 Major Subjects | W181242 | 野外運動論演習III Seminar on Outdoor Pursuits and Education III | 1.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181252 | 野外運動論演習IV Seminar on Outdoor Pursuits and Education IV | 1.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181262 | バスケットボールコーチング論演習I Seminar of Basketball Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181272 | バスケットボールコーチング論演習II Seminar of Basketball Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181282 | バスケットボールコーチング論演習III Seminar of Basketball Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181292 | バレーボールコーチング論演習I Seminar in Volleyball Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181302 | バレーボールコーチング論演習II Seminar in Volleyball Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181312 | バレーボールコーチング論演習III Seminar in Volleyball Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181322 | ハンドボールコーチング論演習I Seminar of Handball Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181332 | ハンドボールコーチング論演習II Seminar of Handball Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181342 | ハンドボールコーチング論演習III Seminar of Handball Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181352 | サッカーコーチング論演習I Seminar in Soccer Coaching Study I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181362 | サッカーコーチング論演習II Seminar in Soccer Coaching Study II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181372 | サッカーコーチング論演習III Seminar in Soccer Coaching Study III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181382 | ラグビーコーチング論演習I Seminar of Rugby Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181392 | ラグビーコーチング論演習II Seminar of Rugby Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181402 | ラグビーコーチング論演習III Seminar of Rugby Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181412 | ラケットバットスポーツコーチング論演習I Seminar of Racket and Bat Sports Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181422 | ラケットバットスポーツコーチング論演習II Seminar of Racket and Bat Sports Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181432 | ラケットバットスポーツコーチング論演習III Seminar of Racket and Bat Sports Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181442 | 柔道コーチング論演習I Seminar of Judo Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181452 | 柔道コーチング論演習II Seminar of Judo Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181462 | 柔道コーチング論演習III Seminar of Judo Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181472 | 剣道コーチング論演習I Seminar of Kendo Coaching I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181482 | 剣道コーチング論演習II Seminar of Kendo Coaching II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181492 | 剣道コーチング論演習III Seminar of Kendo Coaching III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181502 | 弓道コーチング論演習I Seminar on Kyudo coaching I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181512 | 弓道コーチング論演習II Seminar on Kyudo coaching II | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W181522 | 弓道コーチング論演習III Seminar on Kyudo coaching III | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| 卒業研究領域【健康体力学分野】 | W182012 | 健康体力学共通演習 Exercise for Health and Physical Fitness | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182022 | 応用解剖学演習I Seminar of Applied Anatomy I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182032 | 応用解剖学演習II Seminar of Applied Anatomy II | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182042 | 運動生理学演習I Seminar for Exercise Physiology I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182052 | 運動生理学演習II Seminar for Exercise Physiology II | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182062 | 運動生化学演習I Seminar for Exercise Biochemistry I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182072 | 運動生化学演習II Seminar for Exercise Biochemistry II | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182082 | 運動栄養学演習I Seminar in Sport and Exercise Nutrition I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182092 | 運動栄養学演習II Seminar in Sport and Exercise Nutrition II | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182102 | スポーツバイオメカニクス Seminar of Sport Biomechanics I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182112 | スポーツバイオメカニクス Seminar of Sport Biomechanics II | 2.0 | 4 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |
| | W182122 | 体力学演習I Seminar in Physical fitness and Human Performance I | 2.0 | 3 | | ○ | ○ | | | | | | | | | | ○ | | ○ | |

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| 科目区分 Course Category | 科目番号 Course Number | 授業科目の名称 Course Name | 単位数 Credits | 標準履修年次 Standard registration year | 汎用コンピテンス Generic Competences | | | | | | 専門コンピテンス Specific Competences | | | | | | | 必修／選択 /自由の別 Required, Elective, or Free | | |
|-------------------------|-----------------------|--|----------------|--------------------------------------|---|---|---|--|--|--|--|--|--|--|---|--|--|--|----------------------|----------------------|
| | | | | | 1 コミュニケーション能力 Communication ability | 2 批判的・創造的思考力 Ability for critical and creative thinking | 3 データ・情報リテラシー Data and information literacy | 4 広い視野と国際性 Broad perspective and international character | 5 心身の健康と人間性・倫理性 Mental and physical health, humanity, and ethics | 6 協働性・主体性・自律性 Cooperative, independent, and autonomous attitudes | 1 体育・スポーツ学の理解 Understanding of physical education and sports science | 2 体育・スポーツ学の分析能力 Analytical skills in physical education and sports studies | 3 健康体力学の理解 Understanding of health and fitness | 4 健康体力学の分析能力 Ability to analyze health and fitness studies | 5 コーチング学の理解 Understanding of coaching science | 6 コーチング学の応用展開力 Ability to apply and develop coaching science | 7 キャリア形成能力 Career development skills | 必修 Required | 選択 Core Electives | 自由 Free Electives |
| 専門科目 Major Subjects | W182132 | 体力学演習II Seminar in Physical fitness and Human Performance II | 2.0 | 4 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182142 | 健康増進学演習I Seminar for Health and Fitness for Active Living I | 2.0 | 3 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182152 | 健康増進学演習II Seminar for Health and Fitness for Active Living II | 2.0 | 4 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182162 | 体育測定評価学演習I Seminar for Measurement and Evaluation for PE I | 2.0 | 3 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182172 | 体育測定評価学演習II Seminar for Measurement and Evaluation for PE II | 2.0 | 4 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182182 | 内科系スポーツ医学演習I Seminar of Sports Medicine (Internal Medicine) I | 2.0 | 3 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182192 | 内科系スポーツ医学演習II Seminar of Sports Medicine (Internal Medicine) II | 2.0 | 4 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182202 | 外科系スポーツ医学演習I Seminar of Sports Medicine (Locomotive System) I | 2.0 | 3 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182212 | 外科系スポーツ医学演習II Seminar of Sports Medicine (Locomotive System) II | 2.0 | 4 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182242 | 健康教育学演習I Seminar on Health Education I | 2.0 | 3 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W182252 | 健康教育学演習II Seminar on Health Education II | 2.0 | 4 | | ○ | ○ | | | | | | | | ○ | | | ○ | | |
| | W171032 | 種目別コーチング演習III Seminar of Coaching by Categories of Sport III | 2.0 | 3 | | ○ | ○ | | | | | | | | | ○ | | ○ | | |
| 教育実習 | 95***** | 教育実習 Training of Education | 5.0 | 4 | ○ | ○ | | | | | | | | | | ○ | | ○ | | |