

**体育専門学群 <学士(体育学)> コンピテンス一覧**  
**School of Physical Education, Health and Sport Sciences Competence List**  
**<Bachelor of Health and Physical Education>**

■汎用コンピテンス(学士課程) Generic Competences(Bachelor Program)

1	コミュニケーション能力 Communication ability	母語や外国語を適切に用いるとともに、各種メディアを利用したプレゼンテーション等を行うコミュニケーション能力 Communication ability to use the mother tongue and foreign languages properly and make presentations, etc. using various media
2	批判的・創造的思考力 Ability for critical and creative thinking	一般的・専門的知識の体系的理解をベースに批判的・創造的に思考する能力 Ability to think critically and creatively based on systematic understanding of general and specialized knowledge
3	データ・情報リテラシー Data and information literacy	様々な事象や情報を数量的手法やコンピュータ等を用いて適切に解析・処理する能力 Ability to properly analyze and process various events and information using quantitative methods, computers, etc.
4	広い視野と国際性 Broad perspective and international character	自身の専門に留まらず文化・社会と自然・物質に関して幅広く理解し、異文化を理解・尊重する能力 Ability to broadly understand culture, society, nature, and materials and understand and respect different cultures and be not only involved in one's own expertise
5	心身の健康と人間性・倫理性 Mental and physical health, humanity, and ethics	芸術やスポーツへの理解と実践等を通して心と身体の健康を保ち、人間性と倫理性を有する市民としての責任を自覚して実践する能力 Ability to maintain mental and physical health through the understanding, practice, etc. of arts and sports and be conscious of one's responsibility and put it into practice as a citizen with humanity and ethics
6	協働性・主体性・自律性 Cooperative, independent, and autonomous attitudes	チームワークやリーダーシップを通して様々な物事に対処し自己を管理しながら自律的に学び続け行動する能力 Ability to keep learning and act autonomously while dealing with a situation through team work and leadership and practicing self-management

■専門コンピテンス Specific Competences

1	体育・スポーツ学の理解 Understanding of physical education and sports science	体育・スポーツ事象に関する人文科学、社会科学視点での理解力 Ability to understand the humanities and social science perspectives on physical education and sports events
2	体育・スポーツ学の分析能力 Analytical skills in physical education and sports studies	体育・スポーツ学事象に関する人文科学、社会科学視点での分析的な能力 Interdisciplinary competence in the humanities and social sciences related to physical education and sports science events
3	健康体力学の理解 Understanding of health and fitness	人の健康や体力事象に関する健康科学的な視点での理解力 Ability to understand the health science perspective on human health and physical fitness events
4	健康体力学の分析能力 Ability to analyze health and fitness studies	人の健康や体力、地域社会の健康に関する健康科学的な視点での分析的能力 Analytical skills in health science perspectives on human health and fitness and community health
5	コーチング学の理解 Understanding of coaching science	さまざまなスポーツに関するコーチング学的視点での理解力 Ability to understand a variety of sports from a coaching science perspective
6	コーチング学の応用展開力 Ability to apply and develop coaching science	さまざまなスポーツに関するコーチング学的視点での応用展開力 Ability to apply and develop a coaching science perspective on a variety of sports
7	キャリア形成能力 Career development skills	自身に適したキャリアを選択し形成していく能力 Ability to choose and shape a career that is right for you













