

**Graduate School of Comprehensive Human Sciences,  
Master's Degree Programs in Comprehensive Human Sciences  
Master's Program in Physical Education, Health and Sport Sciences  
Sports Culture and Sports Industry Series**

Series			Sports Culture and Management Policy Series		
Subject Area	Subject Group		Conditions/Subjects		Number of Credits
Major Subjects	Area Courses		All courses required, including Seminars I and II in their corresponding individual research area.		6–8
Foundation Subjects for Major	Affiliated Courses	Foundation Subject Group		5	12–17
		Advanced Subject Group	Common practice for sports culture and management policy (1 credit, compulsory)	7	
Foundation Subjects for Major	Foundation Subjects for Research		Research methodology in their corresponding research field (1 credit, compulsory)		1–6
General Foundation Subjects	Free Electives		Subjects outside of their corresponding area, subjects outside of their corresponding series, subjects that exceed the maximum credit limit for their corresponding series and the Foundational Subjects for research, subjects outside of the Master's program, graduate general education courses, interdisciplinary foundation courses, and specified undergraduate courses		0–6
			Number of credits required for completion		30–
<b>&lt;Requirements of program completion&gt;</b> Students must be enrolled in the program for at least the standard period of study (2 years), earn the prescribed number of credits (30 credits or more) by taking the required courses, receive the necessary research guidance, and pass the master's thesis defense and final examination. However, for those who have made outstanding achievements, at least one year of enrollment will satisfy the requirement.					
<b>&lt;Remarks&gt;</b> Students must earn credits within the designated range for each course group. Credits earned in excess of the designated number cannot be included in the required credits for completion of the course. For affiliated courses and basic research courses, up to 6 credits may be transferred to free electives if the student has earned more than the designated number of credits. Please refer to the Master's Program Curriculum Booklet for information on each subject group of the affiliated courses. Students selected for the special selection process for working individuals may take special seminars in their corresponding field of study instead of Seminars II in the individual research areas of the area courses. •Subjects corresponding to Article 14 Special Seminars in Physical Education and Sports Studies Special Seminars in Health and Human Performance Studies Special Seminars in Coaching Studies In principle, students selected for the general selection process may not take courses corresponding to Article 14. Students who will complete their studies in the middle of the academic year must take Special Seminar II in their corresponding field of study instead of Seminar II in the individual research areas of the courses.					

**Graduate School of Comprehensive Human Sciences**

**Master's Degree Programs in Comprehensive Human Sciences**

**Master's Program in Physical Education, Health and Sport Sciences**

**Health and Sport Education Series**

Series		Health and Sport Education Series		
Subject Area	Subject Group	Conditions/Subjects		Number of Credits
Major Subjects	Area Courses	All courses required, including Seminars I and II in their corresponding individual research area.		6–8
Foundation Subjects for Major	Affiliated Courses	Foundation Subjects Group	4	12–17
		Advanced Subjects Group	7	
		Related Subject Group	1	
Foundation Subjects for Major	Foundation Subjects for Research	Research methodology in their corresponding research field (1 credit)		1–6
General Foundation Subjects	Free Electives	Subjects outside of their corresponding area, Subjects outside of their corresponding series, Subjects that exceed the maximum credit limit for their corresponding series and Foundational Subjects for Research Subjects outside of the Master's program, Graduate General Education Courses, Inter-disciplinary Foundation Courses, Specified Undergraduate Courses		0–6
		Number of credits required for completion		30–
<Requirements of program completion>				
Students must be enrolled in the program for at least the standard period of study (2 years), earn the prescribed number of credits (30 credits or more) by taking the required courses, receive the necessary research guidance, and pass the master's thesis defense and final examination, however; for those who have made outstanding achievements, at least one year of enrollment will satisfy the requirement.				
<Remarks>				
Students must earn credits within the designated range for each course group. Credits earned in excess of the designated number cannot be included in the credits required for completion. For affiliated courses and basic research courses, up to 6 credits may be transferred to free electives if the student has earned more than the designated number of credits. Please refer to the Master's Program Curriculum Booklet for information on each subject group of the affiliated courses. Students selected for the special selection process for working individuals may take special seminars in their corresponding field of study instead of Seminars II in the individual research areas of the subject courses. Subjects corresponding to Article 14 Special Seminars in Physical Education and Sports Studies Special Seminars in Health and Human Performance Studies Special Seminars in Coaching Studies In principle, students selected for the general selection process may not take courses corresponding to Article 14. Students who will complete their studies in the middle of the academic year must take Special Seminar II in their corresponding field of study instead of Seminar II in the individual research areas of the courses.				

**Graduate School of Comprehensive Human Sciences**

**Master's Degree Programs in Comprehensive Human Sciences**

**Master's Program in Physical Education, Health and Sport Sciences**

**Health and Fitness Series**

Series		Health and Fitness Series			
Subject Area	Subject Group	Conditions/Subjects		Number of Credits	
Major Subjects	Area Courses	All courses required, including Seminars I and II in their corresponding individual research area.		6–8	
Foundation Subjects for Major	Affiliated Courses	Foundation Subjects Group	5	12–17	
		Advanced Subjects Group	Experiment or practical course (2 credits, compulsory elective)		3
			Foundation health and fitness seminar or health and fitness internship (1 credit, compulsory elective)		
		Related Subject Group	4		
Foundation Subjects for Major	Foundation Subjects for Research	Research methodology in their corresponding research field (1 credit)		1–6	
General Foundation Subjects	Free Electives	Subjects outside of their corresponding area, Subjects outside of their corresponding series, Subjects that exceed the maximum credit limit for their corresponding series and Foundational Subjects for Research Subjects outside of the Master's program, Graduate General Education Courses, Inter-disciplinary Foundation Courses, Specified Undergraduate Courses		0–6	
		Number of credits required for completion		30–	
<Requirements of program completion>					
Students must be enrolled in the program for at least the standard period of study (2 years), earn the prescribed number of credits (30 credits or more) by taking the required courses, receive the necessary research guidance, and pass the master's thesis defense and final examination. However, for those who have made outstanding achievements, at least one year of enrollment will satisfy the requirement.					
<Remarks>					
Students must earn credits within the designated range for each course group. Credits earned in excess of the designated number cannot be included in the credits required for completion. For affiliated courses and basic research courses, up to 6 credits may be transferred to free electives if the student has earned more than the designated number of credits.					
Please refer to the Master's Program Curriculum Booklet for information on each subject group of the affiliated courses.					
Students selected for the special selection process for working individuals may take special seminars in their corresponding field of study instead of Seminars II in the individual research areas of the subject courses.					
Subjects corresponding to Article 14					
Special Seminars in Physical Education and Sports Studies					
Special Seminars in Health and Human Performance Studies					
Special Seminars in Coaching Studies					
In principle, students selected for the general selection process may not take courses corresponding to Article 14. Students who will complete their studies in the middle of the academic year must take Special Seminar II in their corresponding field of study instead of Seminar II in the individual research areas of the courses.					

**Graduate School of Comprehensive Human Sciences**

**Master's Degree Programs in Comprehensive Human Sciences**

**Master's Programs in Physical Education, Health and Sport Sciences**

**Athletic Conditioning Series**

Series		Athletic Conditioning Series		
Subject Area	Subject Group	Conditions/Subjects		Number of Credits
Major Subjects	Area Courses	All courses required, including Seminars I and II in their corresponding individual research area.		6–8
Foundation Subjects for Major	Affiliated Courses	Foundation Subjects Group	3–	12.5–17
		Advanced Subjects Group	Athletic conditioning internship (1 credit, compulsory)7.5–	
		Related Subject Group	2–	
Foundation Subjects for Major	Foundation Subjects for Research	Research methodology in their corresponding research field (1 credit)		1–6
General Foundation Subjects	Free Electives	Subjects outside of their corresponding area, Subjects outside of their corresponding series, Subjects that exceed the maximum credit limit for their corresponding series and Foundational Subjects for Research Subjects outside of the Master's program, Graduate General Education Courses, Inter-disciplinary Foundation Courses, Specified Undergraduate Courses		0–6
		Number of credits required for completion		30–
<Requirements of program completion>				
Students must be enrolled in the program for at least the standard period of study (2 years), earn the prescribed number of credits (30 credits or more) by taking the required courses, receive the necessary research guidance, and pass the master's thesis defense and final examination. However, for those who have made outstanding achievements, at least one year of enrollment will satisfy the requirement.				
<Remarks>				
Students must earn credits within the designated range for each course group. Credits earned in excess of the designated number cannot be included in the credits required for completion. For affiliated courses and basic research courses, up to 6 credits may be transferred to free electives if the student has earned more than the designated number of credits. Please refer to the Master's Program Curriculum Booklet for information on each subject group of the affiliated courses. Students selected for the special selection process for working individuals may take special seminars in their corresponding field of study instead of Seminars II in the individual research areas of the subject courses. Subjects corresponding to Article 14 Special Seminars in Physical Education and Sports Studies Special Seminars in Health and Human Performance Studies Special Seminars in Coaching Studies In principle, students selected for the general selection process may not take courses corresponding to Article 14. Students who will complete their studies in the middle of the academic year must take Special Seminar II in their corresponding field of study instead of Seminar II in the individual research areas of the courses.				

**Graduate School of Comprehensive Human Sciences**

**Master's Degree Programs in Comprehensive Human Sciences**

**Master's Programs in Physical Education, Health and Sport Sciences**

**Coaching Series**

Series		Coaching Series			
Subject area	Subject group	Conditions/Subjects		Number of credits	
Major Subjects	Area Courses	All courses required, including Seminars I and II in their corresponding individual research area.		6–8	
Foundation Subjects for Major	Affiliated Courses	Foundation Subjects group	Training Science (2 credits, compulsory) Coaching Theories (1 credit, case discussion)	6	13–17
		Advanced Subjects group	◎Coaching Individual Subjects Group comprehensive seminar for specific sports (1 credit, compulsory elective) Coaching internship (1 credit, compulsory)	2	
			◎Related Management Subjects Group	2	
		Related Subject group		3	
Foundation Subjects for Major	Foundation Subjects for Research	Research methodology in their corresponding research field (1 credit)		1–6	
General Foundation Subjects	Free Electives	Subjects outside of their corresponding area, Subjects outside of their corresponding series, Subjects that exceed the maximum credit limit for their corresponding series and Foundational Subjects for Research Subjects outside of the Master's program, Graduate General Education Courses, Inter-disciplinary Foundation Courses, Specified Undergraduate Courses		0–6	
		Number of credits required for completion		30–	
＜ Requirements of program completion＞					
Students must be enrolled in the program for at least the standard period of study (2 years), earn the prescribed number of credits (30 credits or more) by taking the required courses, receive the necessary research guidance, and pass the master's thesis defense and final examination. However, for those who have made outstanding achievements, at least one year of enrollment will satisfy the requirement.					
＜ Remarks＞					
Students must earn credits within the designated range for each course group. Credits earned in excess of the designated number cannot be included in the credits required for completion. For affiliated courses and basic research courses, up to 6 credits may be transferred to free electives if the student has earned more than the designated number of credits. Please refer to the Master's Program Curriculum Booklet for information on each subject group of the affiliated courses. Students selected for the special selection process for working individuals may take special seminars in their corresponding field of study instead of Seminars II in the individual research areas of the subject courses. Subjects corresponding to Article 14 Special Seminars in Physical Education and Sports Studies Special Seminars in Health and Human Performance Studies Special Seminars in Coaching Studies In principle, students selected for the general selection process may not take courses corresponding to Article 14. Students who will complete their studies in the middle of the academic year must take Special Seminar II in their corresponding field of study instead of Seminar II in the individual research areas of the courses.					

**Graduate School of Comprehensive Human Sciences**

**Master's Degree Programs in Comprehensive Human Sciences**

**Master's Programs in Physical Education, Health and Sport Sciences**

**National Leading Coaches Training Series**

Series		National Leading Coaches Training Series		
Subject Area	Subject Group	Conditions/Subjects		Number of Credits
Major Subjects	Area Courses	All courses required, including Seminars I and II in their corresponding individual research area.		6–8
Foundation Subjects for Major	Affiliated Courses	Foundation Subjects Group	High Performance Coaching Discussion I (1 credit, compulsory) High Performance Coaching Discussion II (1 credit, compulsory) Training Science (2 credits, compulsory) Coaching Theories (1 credit, compulsory)	5
		Advanced Subjects Group	◎ International Subjects Group International Experience Presentation (1 credit, compulsory) Japanese cultural studies (religion, philosophy, classical performing arts, etc.) (1 credit, compulsory) Practical English for Sports Coaches (1 credit, compulsory) Practical Implementation of English for Sports Coaches (1 credit, compulsory)	4
			◎ Coaching Individual Subjects Group Comprehensive seminar for specific sports (1 credit, compulsory elective) Program special internship (3 credits compulsory)	4
			◎ Related Management Subjects Group	1
	Related Subject Group			2
Foundation Subjects for Major	Foundation Subjects for Research	Research methodology in their corresponding research field (1 credit)		1–6
General Foundation Subjects	Free Electives	Subjects outside of their corresponding area, Subjects outside of their corresponding series, Subjects that exceed the maximum credit limit for their corresponding series and Foundational Subjects for Research Subjects outside of the Master's program, Graduate General Education Courses, Inter-disciplinary Foundation Courses, Specified Undergraduate Courses		0–6
		Number of credits required for completion		30–

< Requirements of program completion >

Students must be enrolled in the program for at least the standard period of study (2 years), earn the prescribed number of credits (30 credits or more) by taking the required courses, receive the necessary research guidance, and pass the master's thesis defense and final examination. However, for those who have made outstanding achievements, at least one year of enrollment will satisfy the requirement.

< Remarks >

Students must earn credits within the designated range for each course group. Credits earned in excess of the designated number cannot be included in the credits required for completion. For affiliated courses and basic research courses, up to 6 credits may be transferred to free electives if the student has earned more than the designated number of credits.

Please refer to the Master's Program Curriculum Booklet for information on each subject group of the affiliated courses.

Students selected for the special selection process for working individuals may take special seminars in their corresponding field of study instead of Seminars II in the individual research areas of the subject courses.

Subjects corresponding to Article 14

Special Seminars in Physical Education and Sports Studies

Special Seminars in Health and Human Performance Studies

Special Seminars in Coaching Studies

In principle, students selected for the general selection process may not take courses corresponding to Article 14. Students who will complete their studies in the middle of the academic year must take Special Seminar II in their corresponding field of study instead of Seminar II in the individual research areas of the courses.