(Original Text is in Japanese)

## 緊急事態宣言解除に伴う課外活動の取扱いの変更について Extracurricular Activities After Lifting of State of Emergency

We would like to express again our deep gratitude to all for your great cooperation in COVID-19 measures. Along with ending the <u>State of Emergency(緊急事態宣言)</u> on September 30, the University revised the activities / events measurement as below.

However, please keep in mind that it may move back to stricter measures in the event that the Government declares another measurements such as <u>State of Emergency (緊急事態宣言)</u> or <u>Focused</u> <u>Anti-infection Measures (まん延防止措置)</u>. Any activity in the areas where a state of emergency has been declared, or any activity including the participants from those areas will be restrained.

Again, we appreciate your continued cooperation.

# [Revised Point] On/after Oct. 1(Fri.), extracurricular activities can be resumed by <u>taking maximum</u> <u>consideration to the prevention of the spread of the infection.</u>

### \*\*Note\*\*

The following 3 activities should be restrained.

- (1)The activities / events that involve overnight stay
- (2)Holding an event that many and unspecific attendees involve.
- (3)Participating in the events that many and unspecific attendees involve.

If it is necessary to carry out those activities, please apply for a special permission(特例許可) following the 2 guidelines: "<u>筑波大学課外活動における団体活動開始ガイドライン (Guideline for Re-Starting Activities)</u>" and "課外活動制限下における団体活動に関する申合せ (Arrangements on Group-Activities Under COVID-19 Crisis)".

## [Ongoing Measurements]

- Taking thorough basic measures against COVID-19: wearing a mask properly, handwashing with soap, social distancing (avoiding "Three Cs"; 1. Closed Spaces, 2. Crowded Places, and 3. Closecontact Settings), ventilation in public indoor spaces, visiting a doctor when having symptoms such as coughs and sneezes, etc.
- Gathering to eat makes people take off their masks to eat when communicating with others. In order to lower the risk of COVID-19 infection, get-togethers and gatherings to eat should be avoided. Please break up soon after your activity ends.
- It is highly recommended to go back usual activities after the members have been fully vaccinated or get negative results of PCR test.
- In case of off-campus activities, it is required to submit a "学外行事届(Off-Campus Activities Notification Form)" to the Division of Student.
- Please follow the rules of the respective offices when you use on-campus facilities.

With this, the measurement previously announced, <u>Upcoming Activities Under the State of</u> Emergency(緊急事態宣言発令継続に伴う課外活動方針について), is discontinued.

#### Reference:

O「筑波大学課外活動における団体活動開始ガイドライン」 Guideline for Re-Starting Activities