

(Original Text in Japanese)

To all students

**【Suspension of the Extracurricular / Club Activities】**  
**Self-restrain Request Associated with State of Emergency Declaration**

Associated with the government's state of emergency declaration, Ibaraki Prefecture also declared the measure to prevent Novel Coronavirus outbreaks; demand people in the 10 cities\*<sup>1</sup> to not go outside (until Wednesday, May 6).

Following the above measures, Tsukuba City has requested citizen to minimize the time they spend outside until May 6, regardless of what day of the week it is.

Therefore, the University requests all students to avoid unessential outing; including extracurricular / club activities on campus (\*self-training such as jogging, stretching, etc. are excluded.) during the self-restrain period. Please keep in mind that there might be limits to use on-campus facilities (ex; class rooms, P.E. facilities, etc.). Further, the closure period of the facilities under the control of the Div. of Student Welfare (Student Club Houses; for 1. Cultural activities or 2. Sports activities, the Building for Extracurricular Activities, Kambara Hall, and Niji no Hiroba) extends till May 6\*<sup>2</sup>.

○**Request from Ibaraki Prefecture\*<sup>3</sup> (Excerpt)**

**Request to residents / offices in the cities that have high risk of infection;**

- Minimizing the time they spend outside, including weekday-daytime hours.
- Refraining from commuting to work
- \*Teleworking is highly recommended at occupations other than the ones which handle social functions.
- Refraining from commuting to schools and colleges

**Request to all residents in the prefecture;**

- Refraining from going out; including commuting to work / schools
- Refraining from calling the family members who live in the target area back.
- To standby at home for 14 days in case you / your family member came back from the target cities.

\*1 The target cities: Koga, Tsukuba, Tsukuba-Mirai, Moriya, Tsuchiura, Ami, Ushiku, Ryugasaki, Toride, Kamisu

\*2 If you need to collect your properties from the facilities, go to the following guard-rooms and ask for the keys;

Student Club Houses for Cultural Activities	}	⇒ The guard-room in Area 1
Student Club Houses for Sports Activities		
Building for Extracurricular Activities	}	⇒ The guard-room in Art & Physical Education Area
Kambara Hall		

\*3 Please refer to its official site;

Ibaraki Prefecture ⇒ <https://www.pref.ibaraki.jp/>

Tsukuba City ⇒ <https://www.city.tsukuba.lg.jp/>